



Mr Nikos Lambridis
Head Coach for Career and Professional Development,
Executive MBA
The University of Sheffield International Faculty, CITY College

Nikos Lambridis has specialized in Communications, Coaching and Emotional Intelligence. He holds a Master's Degree in Biomedical Engineering from the Univ. of San Francisco, Ca., USA, and a Diploma in Organizational Psychology from INSEAD Business School in France.

He is the founder and CEO of Advisor Training and Coaching Ltd., based in Athens with clients from over 12 countries in the SE Europe region.

**Communication
Techniques,
Coaching, Team
Coaching, Emotional
Intelligence, Large
Group Facilitation...**

His experience was gained "on the job" in several Management roles in blue chip companies such as Informix, Vodafone, Toshiba, where he managed the International US and European sales operations.

Early in his life, Nikos was confronted with "real life" communication and intercultural interaction issues playing for the Greek Olympic team and then in USF's 3 times National championship soccer team, made out of 16 different nationalities. In order to manage those communication issues he had to develop specific skills and emotional intelligence that proved to work well in professional situations as well, in the last 30 years.

His Training and Coaching methodology is based on the ground works of Positive Psychology, Transformational Coaching and Client-centered Executive coaching of INSEAD's Coaching and Consulting for Change (CCC) practice principles. Nikos is an affiliated member of the International Coaching Federation, Management Center Europe and CEO Europe.

Nikos has been teaching and coaching for the last 12 years in many large multinational companies such as Pfizer, Novartis, WIND, Abbott, ROCHE, Health Ministry of FYROM, Eurobank, Piraeus Bank, Citibank, Marks and Spencer, Johnson & Johnson, Sanofi – Aventis, and participants from more than 15 European and Middle East countries. He is often called on the spot by some organizations to facilitate, consult or coach their groups, managers or the top management team on issues such as Leadership, Strategy, Top Team building, Emotionally intelligent Teams etc.